

**DEPT. OF HEALTH AND HUMAN SERVICES** 



### PROGRAM INSTRUCTION

SUA-22-PI-09 5/2/22

TO Subrecipients of the State Unit on Aging FROM: Cynthia Brammeier, Administrator

State Unit on Aging, Division of Medicaid & Long-Term Ca

Gene Hogan, Fiscal Program Manager

Ben Stromberg, Program Manager BSS

Amy Hochstetler, Information Technology Business Systen

**Analyst Coordinator** 

**SUBJECT:** SFY23 ADRC Subawards, Budgets & Services

**CONTENT:** The following Program Instruction (PI) provides guidance related to

ADRC subawards, budgets, service units, & monitoring for SFY23.

Attached to this PI are the following documents:

 SFY23 Budget Template – ADRC services and funding sources are listed. Each ADRC service planned for SFY23 should have a column and budget, based on the Reservation table with allocations to each agency. Please review the 'Budget Template Instructions' tab. Gene Hogan and Matt Walters can answer questions regarding this template.

League of Human Dignity	\$29,246
UNMC – Munroe-Meyer	\$18,901
Institute	
Easterseals Nebraska	\$29,246
Brain Injury Alliance -	\$8,555
Nebraska	

2. <u>SFY23 Program Reference Guide</u>, with partner specific ADRC service definitions. Each service planned in SFY23 requires a service definition filled out by the agency. Please complete the attached/linked service narratives for each ADRC service that will be provided. The attached Program Reference Guide contains definitions for all ADRC services including units of services to track and how to track them. Ben Stromberg can answer questions regarding these service definitions.

This guidance document is advisory in nature but is binding on an agency until amended by such agency. A guidance document does not include internal procedural documents that only affect the internal operations of the agency and does not impose additional requirements or penalties on regulated parties or include confidential information or rules and regulations made in accordance with the Administrative Procedure Act. If you believe that this guidance document imposes additional requirements or penalties on regulated parties, you may request a review of the document.

3. <u>Sample application + cover letter SFY 23, this can be used as a template to send the agency materials. This can be emailed with attachments. Please include the Excel file for the budget as an attachment, even if it is printed to pdf.</u>

<u>Subawards</u> - In order to receive funding for SFY23, each agency must submit a cover letter signed by an authorized organizational representative (or the person who will sign the subaward), the budget, and service definitions. These documents will constitute the partner ADRC plan, and will be added as attachments to the subaward issued by the SUA. Submit these by May 31, 2022.

<u>External SharePoint</u> – The SUA uses an external SharePoint site for interactions with subrecipients. Access will be granted to each organization once the subaward is signed. The remaining security needs and external SharePoint training will be worked out with agencies individually. Amy Hochstetler and Lance Balkus can assist with this.

<u>PeerPlace</u> – Partner Organizations will be required to create Client Profiles as needed. ADRC Intake forms and service unit data collection is still required. Additional training will be provided at the end of June.

<u>The Operations Manual</u>, developed by Fritz & O'Hare, under a contract with the Area Agencies on Aging, is the standard for the business of the ADRCs. Agencies are expected to follow this until such time it is replaced. As of this publication, the guideline mandates data be entered within two business days of service completion.

Monitoring: ADRC sites will be monitored during the fiscal year. Ben Stromberg will arrange dates well in advance of these visits and provide a description of the process. Monitoring tools to be completed by the ADRC and returned to the SUA will be posted to the External SharePoint site in June.

Reimbursement can be submitted on a monthly or quarterly basis to the SUA. Email <a href="mailto:dhhs.aging@nebraska.gov">dhhs.aging@nebraska.gov</a> .The SUA will issue an SFY23 reimbursement Form A to all subrecipients in June. Gene Hogan and Matt Walters will be in touch with you.

ADRCs are responsible for ensuring data collection meets state and federal requirements. Guidance documents are posted online at: https://dhhs.ne.gov/Pages/Aging-Grantee-Resources.aspx

The links follow the order outlined below. Program Instructions are requirements, Information Memoranda are guidance if a service or program is offered locally.



The State Unit on Aging provides an ADRC Legislative Report annually, based on data through June 30 of each year.

If you have questions, please contact <a href="mailto:DHHS.Aging@nebraska.gov">DHHS.Aging@nebraska.gov</a>

### Service Narrative: **40. Information & Referral**

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A state ADRC Program whose primary purpose is to maintain information about human service resources in the community and to link people who need assistance with appropriate service providers and/or to supply descriptive information about the agencies or organizations which offer services. The information and referral process involves establishing contact with the individual, assessing the individual's long and short-term needs, identifying resources to meet those needs, providing a referral to identified resources, and, where appropriate, following up to ensure that the individual's needs have been met.

follo	following up to ensure that the individual's needs have been met.							
Ser	vice Unit:	Contact	Setting:	One-on-0	One	Э	Non-F	Registered Service
Elig	gibility: (Mu	st be at least	one of the	below)				
• 6	0 years or o	lder • Indi	vidual with	a Disability	/	<ul> <li>Caregiver</li> </ul>	• F	Representative
Cli	ent Details:							
	Collect AD	Ls		[	X	Client may b	e Ano	nymous
	Collect IAD	)Ls		[		Client may Se	elf-Dire	ect this Service
	May Collec	t NRA Score		[		Client may us	se Vou	cher
Oth	ner Reportir	ng Requireme	nts: N/A					
Pos	ssible Fund	ing Sources:						
	III-A (NSIP	Raw Food)		III-D (He	ealt	h Pro)		ADRC (State)
	III-B (Supp	ortive Service)		III-E (Ca	are	giver)		Local
	III-C1 (Con	gregate Meal)		CASA (	Sta	ite Aging)		Other
	III-C2 (Hon	ne Delivered M	leal) 🗆	Care Ma	ana	igement (State	(*)	
					X	May be MAC	Eligil	ole
Pro	vider	This	is a private	business	ma	tter and outsid	e the s	cope of
Re	quirements	: SUA	DHHS.					

#### Detailed description of how service is provided.

- How will your agency provide this service?
- How will your agency distinguish this service from other, similar services?
- What populations do you serve?

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### Service Narrative: **41. Options Counseling**

Definition:						
A state ADRC Program service that assists an eligible individual in need of long-term care						
and his or her representatives	to make informed choic	es about the ser	vices ar	nd settings		
which best meet his or her long	g-term care needs and t	that uses uniform	n data a	nd information		
collection and encourages the	widest possible use of	community-base	d optior	ns to allow an		
eligible individual to live as inde	ependently as possible	in the setting of I	his or h	er choice.		
Service Unit: Hour	Setting: One-on-On	е	Regist	ered Service		
<b>Eligibility: Need Long Term (</b>	Care AND (Must be at	least one of the	below)			
<ul> <li>60 years or older</li> </ul>	<ul> <li>Individual with a Disa</li> </ul>	ability	<ul><li>Rep</li></ul>	oresentative		
Client Details:						
		Client may Self	f-Direct	this Service		
Other Reporting Requiremen	its: See ADRC services	demographic in	formati	on.		
Possible Funding Sources:						
□ III-A (NSIP Raw Food)	□ III-D (Heal	th Pro)	$\boxtimes$	ADRC (State)		
	□ III-E (Care	giver)	$\boxtimes$	Local		
☐ III-C1 (Congregate Meal)	□ CASA (State     □ C	ate Aging)	$\boxtimes$	Other		
☐ III-C2 (Home Delivered Me	eal) 🗆 Care Mana	agement (State)				
		May be MAC E	Eligible			
Provider A bac	Provider A background check is suggested. This is a private business matter					
<b>Requirements:</b> and outside the scope of SUA/DHHS.						

### Detailed description of how service is provided.

- How will your agency provide this service?
- How will your agency distinguish this service from other, similar services?
- What populations do you serve?

# 42. Transitional Options Counseling

Definition:							
A state ADRC Program service that develops, implements, assesses, and follows up on plans							
for the evaluation, treatment	and/or care	of peo	ople who	are e	experiencing	g a spe	cific, time-
limited problem such as a tra							
assistance to obtain and coo	rdinate the	suppo	rt servic	es tha	<u>ıt will facilita</u>	te the c	change.
Service Unit: Hour	Setting:	One	e-on-One	Э		Registe	red Service
<b>Eligibility: Need Long Term</b>	n Care AND	(Mus	t be at I	east o	one of the k	pelow)	
<ul> <li>60 years or older</li> </ul>	<ul> <li>Individu</li> </ul>	ual wit	h a Disa	bility		<ul><li>Repr</li></ul>	resentative
Client Details:							
				Clier	nt may be A	nonymo	ous
				Clier	nt may Self-	Direct t	his Service
					r		
Other Reporting Requirem	ents: See A	DRC	services	demo	ographic info	ormatio	n.
<b>Possible Funding Sources</b>	-						
☐ III-A (NSIP Raw Food)			III-D (He	ealth F	Pro)	$\boxtimes$	ADRC (State)
☐ III-B (Supportive Service	∍)		III-E (Ca	regive	er)	$\boxtimes$	Local
☐ III-C1 (Congregate Mea	l)	$\boxtimes$	CASA (	State	Aging)	$\boxtimes$	Other
☐ III-C2 (Home Delivered	Meal)		Care Ma	anage	ment (State	)	
				May	be MAC EI	igible	
<b>Provider</b> A b	ackground c	heck	is sugge	sted.	This is a pri	vate bu	isiness matter
Requirements: and	l outside the	scope	e of SUA	VDHH	IS.		

### Detailed description of how service is provided.

- How will your agency provide this service?
- How will your agency distinguish this service from other, similar services?
- What populations do you serve?

### 43. Benefits Assistance

Definition:						
A state ADRC Program s	service that pro	ovides	s assistan	ce for people wh	o are ha	ving difficulty
understanding and/or ob	taining grants,	payn	nents, serv	vices, or other be	enefits fo	or which they
may be eligible. The prog	grams may hel	p ped	ople under	stand the eligibi	lity criter	ia for benefits,
the benefits provided by	the program, t	he pa	yment pro	cess, and the ri	ghts of b	eneficiaries;
provide consultation and	advice; help tl	hem d	complete b	enefits applicati	ion forms	3.
Service Unit: Hour	Setting:	(	One-on-Or	ne	Registe	ered Service
Eligibility: (Must be at I	east one of th	ne be	low)			
<ul> <li>60 years or older</li> </ul>	<ul><li>Individual</li></ul>	dual v	with a Disa	ability	<ul><li>Rep</li></ul>	resentative
Client Details:						
□ Collect ADLs				Client may be	Anonym	ous
□ Collect IADLs	□ Client may Self-Direct this Service					
	NRA Score   Client may use Voucher					
Other Reporting Requi	rements: See	ADR	C services	demographic ir	nformatio	n.
<b>Possible Funding Sour</b>	ces:					
☐ III-A (NSIP Raw Foo	od)		III-D (He	alth Pro)	$\boxtimes$	ADRC (State)
☐ III-B (Supportive Se	rvice)		III-E (Ca	regiver)	$\boxtimes$	Local
☐ III-C1 (Congregate I	Meal)	×	CASA (S	State Aging)	$\boxtimes$	Other
☐ III-C2 (Home Delive	red Meal)		Care Ma	nagement (State	∋)	
			$\boxtimes$	May be MAC	Eligible	
Provider	This is a priva	te bu	siness ma	tter and outside	the scop	oe of
Requirements:	SUA/DHHS.					

### Detailed description of how service is provided.

- How will your agency provide this service?
- How will your agency distinguish this service from other, similar services?
- What populations do you serve?

### Service Narrative: **44. Mobility Training**

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A state ADRC Program service that provides training which introduces new riders, commuters, and other residents to the transportation options that are available in their community and trains them to use the system effectively. Participants learn the basic components of the public transit system and other transportation options (e.g., bicycles, carpools and vanpools); the location of park and ride or park and pool lots, bus stops, train stations, ferry terminals, and other facilities; and basic travel skills such as how to read a bus schedule, find the bus closest to work/home, participate in a car/van pool, and plan a commute using the system. Instruction may be provided on an individual or group basis and may involve field training in which the individual is accompanied by a customer service representative. The objective of the training is to encourage use of the public transportation by building rider confidence and comfort with the system.

Ser	vice Unit:	Hour	Setting:	One-on-C	)ne	Registe	ered Service
Elig	gibility: (Mu	st be at least	one of the l	below)			
• 6	0 years or o	lder • Indi	vidual with a	Disability	<ul> <li>Caregiver</li> </ul>	<ul><li>Rep</li></ul>	resentative
Cli	ent Details:						
$\boxtimes$	Collect AD	DLs			Client may be	Anonym	ous
$\boxtimes$	Collect IA	DLs			Client may Sel	lf-Direct	this Service
	Collect NR	A Score			Client may use	e Vouche	er
Oth	ner Reportir	ng Requireme	nts: See AD	RC service	s demographic ir	nformatio	n.
Pos	ssible Fund	ing Sources:					
	III-A (NSIP	Raw Food)		III-D (He	ealth Pro)	×	ADRC (State)
	III-B (Supp	ortive Service)		III-E (Ca	aregiver)		Local
	III-C1 (Con	gregate Meal)	D	CASA (	State Aging)		Other
	III-C2 (Hon	ne Delivered M	leal)	☐ Care Ma	anagement (State	e)	
					May be MAC E	Eligible	
Pro	vider	This	is a private l	business m	atter and outside	the scop	oe of
Red	guirements	: SUA/	/DHHS			_	

### Detailed description of how service is provided.

- How will your agency provide this service?
- How will your agency distinguish this service from other, similar services?
- What populations do you serve?

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A process for identifying unmet service needs in communities and developing recommendations to respond to those unmet needs.

### **Reporting Requirements:**

Unmet needs are collected as part of the uniform data collection process. In order for this administrative service to be used, data must be collected <u>and</u> recommendations must be made to address unmet needs.

The SUA will provide an annual ADRC report to the state legislature including details unmet needs. If this administrative service is provided, the Point of Entry providing this service will need to provide recommendations to the SUA.

### Detailed description of how service is provided.

- How will your agency provide this service?
- How will your agency distinguish this service from other, similar services?
- What populations do you serve?

[Start Here]

**Definition:** 

## 47. Home Care Provider Registry

#### **Definition:**

A home care provider registry that will provide a person who needs home care with the names of home care providers and information about his or her rights and responsibilities as a home care consumer.

See Definitions: Home Care Consumer Rights, Home Care Provider, Home Care Registry, Home Care Services

#### **Reporting Requirements:**

A Point of Entry that provides a Home Care Provider Registry will also:

- Document and implement a maintenance policy.
- Develop & share publications (such as, but not limited to brochures) about provider information and the consumer's rights.
- Report:
  - o Total Number of Home Care Providers in the registry
  - o Number of providers by each service type (e.g.: homemaker providers)
  - o Time spent developing & maintaining the directory and publications
- Regularly record when the Home Care Provider Registry & Consumer Rights were shared with a consumer.

This will be shared in the SUA annual ADRC report to the legislature.

### Detailed description of how service is provided.

- How will your agency provide this service?
- How will your agency distinguish this service from other, similar services?
- What populations do you serve?

State Unit on Aging Division of Medicaid & Long-Term Care Department of Health & Human Services PO Box 95026 Lincoln, NE 68509-5026 Email: dhhs.aging@nebraska.gov
Dear Ms. Brammeier.
This letter and the enclosed documents represent the FY23 ADRC budget and service definitions to meet the requirements of SUA-PI-22-09.
Enclosed are the following documents: SFY23 ADRC budget, totaling \$
Service definitions: (delete any services <u>not</u> provided, delete these instructions) 40. Information and Referral Narrative FY 2023 41. Options Counseling Narrative FY 2023 42. Transitional Options Counseling Narrative FY 2023 43. Benefits Assistance Narrative FY 2023 44. Mobility Training Narrative FY 2023 46. Unmet Needs Narrative FY 2023 47. Home Care Provider Registry Narrative FY 2023
The subaward should be signed by for the agency.  The mailing address is:  Please let us know if you have questions. I can be reached at, or email at
Sincerely,

Cynthia Brammeier, Administrator

Enclosures